**Østlandsmesterskapet 2016**

**Påmeldinger**

**Spydeberghallen, Spydeberg.**

**Lørdag 23. januar 2016, kl. 10.00.**

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| **Navn** | **Fødsels-**  **dato** | **Klasse** | **Klubb** | **Rykk** | **Støt** | **S.lagt** |
| **Thea Andersen Larsen** | **20.10.05** | **44 - UK** | **Larvik AK** | **18** | **21** | **39** |
| **Emely Bjerkholt** | **28.01.05** | **44 - UK** | **Larvik AK** | **14** | **18** | **32** |
| **Helene Skuggedal** | **11.01.01** | **48 - UK** | **Larvik AK** | **46** | **64** | **108** |
| **Sofie Prytz Løwer** | **21.01.01** | **63 - UK** | **Larvik AK** | **56** | **68** | **124** |
| **Amalie Melin** | **08.05.99** | **69 - UK** | **T & IL National** | **43** | **54** | **97** |
| **Maren Fikse** | **13.03.99** | **+69 - UK** | **Gjøvik AK** | **71** | **84** | **155** |
| **Martine Wang** | **14.02.01** | **+69 - UK** | **Larvik AK** | **25** | **37** | **62** |
|  |  |  |  |  |  |  |
| **Rebekka Tao Jacobsen** | **12.09.96** | **58 - JK** | **Larvik AK** | **67** | **85** | **152** |
| **Nora Skuggedal** | **29.06.98** | **63 - JK** | **Larvik AK** | **70** | **87** | **154** |
| **Ida Sofie Langstrand** | **08.05.94** | **69 - JK** | **Grenland AK** | **49** | **63** | **112** |
|  |  |  |  |  |  |  |
| **Caroline Stene Jansen** | **28.05.92** | **53 - SK** | **T & IL National** | **26** | **40** | **66** |
| **Emelie Førstemann Nilsen** | **29.03.93** | **58 - SK** | **Oslo AK** | **45** | **62** | **107** |
| **Ragnhild Haug Lillegård** | **13.11.92** | **58 - SK** | **Oslo AK** | **40** | **55** | **95** |
| **Isabell Thorberg** | **31.01.93** | **58 - SK** | **Tønsberg Kam.** | **42** | **45** | **87** |
| **Camilla Simonsen Brustad** | **05.04.92** | **58 - SK** | **Spydeberg At** |  |  |  |
| **My An Dinh** | **28.04.89** | **63 - SK** | **Grenland AK** | **58** | **67** | **125** |
| **Celine Mariell Bertheussen** | **10.09.93** | **63 - SK** | **Christiania AK** | **55** | **67** | **122** |
| **Anita Skimten Monsen** | **17.07.89** | **63 - SK** | **Oslo AK** | **50** | **64** | **114** |
| **Kamilla Kolvig** | **24.07.89** | **63 - SK** | **Christiania AK** | **44** | **59** | **103** |
| **Jacqueline Dahlstrøm** | **09.10.91** | **69 - SK** | **Spydeberg At** | **67** | **83** | **150** |
| **Ingvild Bang** | **27.07.92** | **69 - SK** | **Larvik AK** | **47** | **57** | **104** |
| **Ruth Kasirye** | **10.06.82** | **75 - SK** | **Tønsberg Kam.** | **100** | **125** | **225** |
| **Rebecca Tiffin** | **07.09.86** | **75 - SK** | **Oslo AK** | **61** | **76** | **137** |
| **Janicke Walle Jensen** | **17.09.88** | **75 - SK** | **Christiania AK** | **46** | **61** | **101** |
| **Ingelin Hansen** | **25.02.92** | **+75 - SK** | **Spydeberg At** | **55** | **71** | **124** |
|  |  |  |  |  |  |  |
| **Kira Ingelsrudøyen** | **02.05.80** | **+75 - K1** | **Larvik AK** | **40** | **50** | **90** |
| **Kaja Sæther** | **21.11.75** | **69 - K2** | **Oslo AK** | **46** | **59** | **105** |
| **Marianne Lund** | **26.11.76** | **75 - K2** | **Lenja AK** |  |  |  |
|  |  |  |  |  |  |  |
| **Kristian Holm** | **12.06.03** | **62 - UM** | **Gjøvik AK** | **35** | **44** | **79** |
| **Dennis Lauritsen** | **01.02.02** | **77 - UM** | **Larvik AK** | **70** | **83** | **150** |
| **Mikkel Helle Sørum** | **18.04.02** | **77 - UM** | **T & IL National** | **46** | **60** | **105** |
|  |  |  |  |  |  |  |
| **Tor Eric Sivertsen** | **05.10.87** | **62 - SM** | **Gjøvik AK** | **70** | **93** | **163** |
| **Bruce-Ole Bjor Saiyajin** | **14.12.95** | **62 - SM** | **T & IL National** |  |  |  |
| **Daniel Roness** | **14.04.91** | **69 - SM** | **Spydeberg At** | **110** | **142** | **250** |
| **Martin Wenstad Janssen** | **04.11.86** | **69 - SM** | **Christiania AK** | **92** | **117** | **209** |
| **Ole Martin Aas** | **07.04.89** | **69 - SM** | **T & IL National** | **94** | **112** | **206** |
| **Trygve Stenrud Nilsen** | **03.09.91** | **69 - SM** | **Oslo AK** | **68** | **90** | **158** |
| **Christian Lysenstøen** | **06.07.93** | **77 - SM** | **Spydeberg At** | **87** | **105** | **187** |
| **Krister Thonerud** | **03.04.92** | **77 - SM** | **Spydeberg At** | **88** | **102** | **187** |
| **Philip Mirzai Dang** | **04.12.94** | **77 - SM** | **Oslo AK** | **80** | **100** | **180** |
| **Leik Simon Aas** | **11.01.89** | **85 - SM** | **T & IL National** | **125** | **155** | **276** |
| **Tomas Fjeldberg** | **22.06.85** | **85 - SM** | **Spydeberg At** | **125** | **145** | **270** |
| **Leif Erik Gladstad** | **24.06.87** | **85 - SM** | **Lørenskog AK** | **96** | **131** | **227** |
| **Marius Eliassen** | **29.06.90** | **85 - SM** | **Spydeberg At** | **102** | **125** | **225** |
| **Kenneth Friberg** | **21.06.84** | **85 - SM** | **Oslo AK** | **85** | **115** | **200** |
| **Jardar Tøn** | **02.05.92** | **85 - SM** | **Gjøvik AK** | **85** | **105** | **190** |
| **Åsmund Rykhus** | **07.09.87** | **85 - SM** | **Gjøvik AK** | **75** | **100** | **175** |
| **Magnus Chr. Jørgensen** | **19.04.89** | **85 - SM** | **Christiania AK** | **65** | **90** | **155** |
| **Sebastian Farmen** | **09.05.92** | **94 - SM** | **Larvik AK** | **140** | **176** | **314** |
| **Ole Morten Joneid** | **16.06.91** | **94 - SM** | **Spydeberg At** | **103** | **136** | **239** |
| **Chisom Okeke** | **06.09.82** | **94 - SM** | **Christiania AK** | **102** | **136** | **238** |
| **Bent Furevik** | **30.8.88** | **94 - SM** | **Lørenskog AK** | **95** | **130** | **225** |
| **Bjørnar Wold** | **17.11.89** | **94 - SM** | **Spydeberg At** | **97** | **123** | **217** |
| **Andreas Nordmo Skauen** | **26.12.84** | **94 - SM** | **Oslo AK** | **95** | **115** | **210** |
| **Christian Jahren** | **26.11.91** | **94 - SM** | **Spydeberg At** | **90** | **115** | **205** |
| **Dag Aleksander Klethagen** | **27.04.90** | **94 - SM** | **Gjøvik AK** | **90** | **115** | **205** |
| **Tor Kristoffer Klethagen** | **23.06.87** | **105 - SM** | **Gjøvik AK** | **118** | **135** | **253** |
| **Lars Joachim Nilsen** | **19.09.88** | **105 - SM** | **T & IL National** | **111** | **140** | **248** |
| **Alexander Hauff** | **29.06.88** | **105 - SM** | **Spydeberg At** | **103** | **130** | **226** |
| **Christian Solberg** | **29.06.91** | **105 - SM** | **Spydeberg At** | **97** | **122** | **219** |
| **Tom-Erik Lysenstøen** | **31.12.94** | **105 - SM** | **Spydeberg At** | **95** | **120** | **211** |
| **Jon-Wilhelm J. Schweder** | **08.12.85** | **105 - SM** | **Lørenskog AK** | **90** | **121** | **211** |
| **Daniel Johansen** | **19.05.94** | **105 - SM** | **Lørenskog AK** | **90** | **115** | **205** |
| **Fredrik Finnerud** | **09.07.86** | **105 - SM** | **Spydeberg At** | **85** | **107** | **192** |
| **Mehmet Alt Özalp** | **23.09.87** | **105 - SM** | **Lørenskog AK** |  |  |  |
| **Tomas Erlandsen** | **05.08.85** | **105 - SM** | **Lørenskog AK** |  |  |  |
| **Salif Camara** | **24.10.85** | **105 - SM** | **Lørenskog AK** |  |  |  |
| **Kenneth Heidenberg** | **30.01.82** | **+105 - SM** | **T & IL National** | **141** | **172** | **306** |
| **Jens Graff** | **04.09.92** | **+105 - SM** | **Spydeberg At** | **105** | **122** | **227** |
| **Chris Bruland** | **02.07.83** | **+105 - SM** | **Oslo AK** | **90** | **110** | **200** |
|  |  |  |  |  |  |  |
| **Nuno Correia** | **16.12.77** | **94 - M1** | **Lørenskog AK** | **72** | **97** | **169** |
| **Niclas Thill** | **13.07.74** | **77 - M2** | **Spydeberg At** | **67** | **83** | **150** |
| **Bjørn Harald Fossum** | **09.06.75** | **94 - M2** | **Spydeberg At** | **70** | **100** | **170** |
| **Bjørn Thore Olsen** | **06.12.67** | **69 - M3** | **Spydeberg At** | **45** | **60** | **105** |
| **Lars-Thomas Grønlien** | **12.06.69** | **94 - M3** | **Oslo AK** | **85** | **105** | **190** |
| **Tom Danielsen** | **21.01.66** | **85 - M4** | **Larvik AK** | **80** | **105** | **185** |
| **Alexander Bahmanyar** | **26.09.65** | **94 - M4** | **Spydeberg At** | **101** | **135** | **236** |
| **Frode Thorsås** | **16.07.66** | **94 - M4** | **Larvik AK** | **68** | **88** | **156** |
| **Ole Jakob Aas** | **05.03.64** | **105 - M4** | **T & IL National** | **94** | **117** | **211** |
| **Terje Gulvik** | **04.09.61** | **94 - M5** | **Larvik AK** | **97** | **119** | **215** |
| **Geir Hestmann** | **31.05.59** | **105 - M5** | **Oslo AK** | **90** | **110** | **200** |
| **Johan Thonerud** | **24.10.53** | **94 - M6** | **Spydeberg At** | **78** | **100** | **178** |
| **Rune Pettersen** | **19.08.53** | **+105 - M6** | **Larvik AK** | **60** | **100** | **160** |
| **Jostein Myrvang** | **11.08.46** | **94 - M8** | **Larvik AK** | **50** | **65** | **115** |
| **Kolbjørn Bjerkholt** | **13.12.43** | **+ 105 - M8** | **Larvik AK** | **67** | **90** | **155** |
| **Hans Martin Arnesen** | **29.06.39** | **77 - M9** | **IL Kraftsport** | **51** | **71** | **122** |
| **Roald Bjerkholt** | **09.06.40** | **94 - M9** | **Larvik AK** | **50** | **60** | **110** |
| **Per Marstad** | **26.11.40** | **105 - M9** | **Tønsberg Kam.** | **60** | **68** | **128** |
| **Aage Sletsjøe** | **19.05.38** | **105 - M9** | **Larvik AK** | **50** | **70** | **105** |