



# 17th International Women Weightlifting Grand Prix



## NEW TERMIN

### 30 June - 3 July 2022

Centre Sportif Annexe Alliance  
Dudelange - Luxembourg



**Preliminary Entry: April, 19<sup>th</sup>, 2022**  
**Final Entry: May, 24<sup>th</sup>, 2022**

### Organizer:

De Klengen Stemmverein Diddeleng - Luxembourg

Info: Konrad Högg: [women.weightlifting.grandprix@gmail.com](mailto:women.weightlifting.grandprix@gmail.com)

Mobil: 0043 – 660 – 36 35 156

**Bank Account: IBAN: AT27 3400 0842 0446 3808, Bic: RZOOAT2L**



# 17<sup>th</sup> International Women's Weightlifting Grand Prix

Konrad Högg – Head of Organizing Committee,  
Lanserhofstraße 32, Top 4  
A-5020 Salzburg, Phone: 0043-660-3635156,  
E-mail: [women.weightlifting.grandprix@gmail.com](mailto:women.weightlifting.grandprix@gmail.com)

Invitation to the 17<sup>th</sup> International Women's Grand Prix, 13<sup>th</sup> International Girls' Grand Prix, 11<sup>th</sup> International Kids' Grand Prix, 9<sup>th</sup> International Masters' Grand Prix and 5<sup>th</sup> International Open Class – unsanctioned – Weightlifting Grand Prix from May, 30<sup>th</sup> – 3<sup>rd</sup> July, 2022, in Düdelingen/Dudelange – Luxemburg.

## Important information:

**Please excuse us, we have to reschedule the 17th International Women Weightlifting Grand Prix (due to the European Championships being postponed from April to late May early June) to June 30th to July 3rd, 2022.**

After having to cancel International Women Weightlifting Grand Prix 2020 and 2021 in Luxemburg due to the Corona pandemic we are hoping for a better 2022. If there will still be Corona regulations in place in June/July 2022, f.e. mask mandates, we will adhere to all regulations. You will be informed in time by me.

1.) Room reservations for accomodation in Düdelingen/Dudelange can be made not later than April, 19<sup>th</sup> 2022. They have to be finalized no later than May, 24<sup>th</sup> 2022 using the Final Entry Form. For information on how to pay for accommodation see section "Accommodation" below.

2.) The technical meeting will be held on 30<sup>th</sup> June 2022 around 7 pm; the meeting venue will be published in time. – The competition will be held at Centre Sportif Annexe Alliance, Rue Reiteschkopp, L-3526 Dudelange/Düdelingen 1<sup>st</sup> – 2<sup>nd</sup> july 2022.

3.) Registration is done by the Preliminary Entry Form. It has to be sent by mail or e-mail no later than April, 19<sup>th</sup>, 2022. Change in Team Line-ups can be made no later than May 24<sup>th</sup>, 2022. The Final entry Form has to be sent by mail or E-Mail no later than May, 24<sup>th</sup>, 2022. Entries made after that will be charged the double fee.

4.) After the competition on Saturday, July, 2<sup>nd</sup> 2022, the Grand Prix Party with Dinner will take place around 8 pm. The victory ceremonies for the winning teams, the three best overall Sinclair lifters, the best U-20, U-17, U-15, Masters and Open Class athletes will be held at the party.

Yours sincerely,

Konrad Högg – Head of the Organizing Committee  
Claude Tritz – President of the Club De Klengen Stemmverein Diddeleng



# 17<sup>th</sup> International Women's Weightlifting Grand Prix

Konrad Högg – Head of the Organizing Committee,  
Lanserhofstrasse 32, Top 4, A-5020 Salzburg  
Phone: 0043-660-36 35 156,  
E-mail: [women.weightlifting.grandprix@gmail.com](mailto:women.weightlifting.grandprix@gmail.com)

Salzburg – Düdelingen, February 2022

## **Invitation: International Women's - Kids, Girls, Seniors, Masters and Open Class unsanctioned - Weightlifting Grand Prix - 2022**

- Organizer: De Klengen Stemmverein Diddeleng - Luxemburg  
Konrad Högg - Head of the Organizing Committee  
Claude Tritz – President of the Club
- Date: 30<sup>th</sup> June – 3<sup>rd</sup> July 2022
- Venue: Centre Sportif Annexe Alliance, Rue Reiteschkopp, L-3526  
Dudelage/Düdelingen.
- Weigh-in and start times: The final schedule will be published when final entry is completed.
- Admission: All athletes with a valid licence entered by clubs/federations using  
the enclosed form
- Competition specifications: **Women's Grand Prix:**  
Athletes born 2007 or earlier (15 years and older)!
- Scoring by Olympic total in ten weight categories:  
**45 kg, 49 kg, 55 kg, 59 kg, 64 kg, 71 kg, 76 kg, 81 kg, 87 kg &  
+87 kg**
- Girls' Grand Prix: (13 – 14 years)**  
Athletes born 2008 - 2009  
Scoring by Sinclair points
- Kids' Grand Prix: (8 – 12 years)**  
Athletes born 2010 – 2014  
Scoring by Sinclair points.
- Masters' Grand Prix:**  
35 – 39 years, 40 – 44 years, 45 – 49 years, 50 – 54 years and + 55  
years, scoring by SHMF (Sinclair-Huebner-Meltzer-Faber) points.

### Open Class - unsanctioned:

The Open Class is open to athletes who do not hold a membership with their governing national weightlifting body, i.e. USAW, BVDG and the like. Athletes compete in the snatch and the clean and jerk using the International Weightlifting Federation (IWF) Technical and Competition Rules & Regulations (TCRR). Athletes currently suspended for violations of anti-doping regulations in any sport are not eligible to compete at the Women Grand Prix.

Scoring by Olympic total in ten weight categories:

**45 kg, 49 kg, 55 kg, 59 kg, 64 kg, 71 kg, 76 kg, 81 kg, 87 kg & +87 kg**

If the number of competitors in one weight category is too small one winner for two or more categories will be determined using Sinclair points.

Team scoring: Four athletes from one club, federal state or country, scoring on Sinclair points.

Premiums/prizes:

#### Women's Grand Prix:

The first three athletes of each weight category will be awarded gifts. All participants will receive certificates. The three best participants overall according to Sinclair points will be awarded trophies and prize money. The best overall athletes of the U-20, U-17 and U-15 Masters & Open Class will also receive trophies. The best three teams will receive special gifts.

#### Girls' Grand Prix:

The first three athletes overall according to Sinclair points will be awarded gifts. All participants will receive certificates.

#### Kids' Grand Prix:

The first three athletes overall according to points will be awarded gifts. All participants will receive certificates.

#### Masters' Grand Prix:

The first three athletes overall according to SHMF (Sinclair-Huebner-Meltzer-Faber) points will be awarded prizes. All participants will receive certificates.

#### Open Class – unsanctioned:

The first three athletes of each weight category will be awarded gifts. All participants will receive certificates.



Accreditation: Entry fees:  
Kids & Girls (born 2014 – 2008): 60 Euro  
  
Seniors – Masters – Open Class – coaches – team leaders: 70 Euro  
  
Accreditation of referees is free of charge.

**The due amount has to be paid to the bank account mentioned below no later than April 19<sup>th</sup>, 2022 which is also the Final Entry date.  
Incurring banking fees will have to be paid by the participant.**

Account holder: Konrad Högg  
Bank Adress: Vogelweiderstrasse, A-5020 Salzburg  
Bank: Hypo Bank Salzburg  
**IBAN AT27 3400 0842 0446 3808**  
**BIC: RZOOAT2L**

Entry after 24<sup>th</sup> May 2022: The entry fee for entering an athlete later than May, 24<sup>th</sup>, 2022 is 120 Euros for Kids & Girls and 140 Euro for Seniors/Masters/Open Class/Coaches/Team leaders.

Accommodation: Hotel fees is paid not later than May, 24<sup>th</sup> , 2022.

**Prices include room and breakfast**

Single Room: 84 Euro  
Double Room: 100 Euro for two person

Account Name: Konrad Högg  
Adresse der Bank: Vogelweiderstrasse, A-502 Salzburg  
Bank Name: Hypo Bank Salzburg  
**IBAN AT27 3400 0842 0446 3808**  
**BIC: RZOOAT2L**

**Incurring banking fees will have to be paid by the participant.**

Further Information: Transfer between the Airport Luxemburg on request.

“After Competition Party” for athletes, coaches and officials holding an accreditation; guests are welcome.

Preliminary entry date: 19<sup>th</sup> April 2022 (date of postage stamp or e-mail!)

Final entry date: 24<sup>th</sup> May 2022 (date of postage stamp or e-mail!)

Registration: By mail to:  
Konrad Högg,  
E-mail: women.weightlifting.grandprix@gmail.com

Entry forms are to be completed by the club/federation and entry fees have to be paid. The clubs/federations are responsible for their entries.

**Doping test:** Doping tests can occur at the competition. The selected athletes will be informed immediately after the end of their group's competition. If an athlete fails to appear at the testing commission in time, this will be regarded as a positive test including the corresponding sanctions.

**In the case of a positive drug test the participant will be personally liable for the incurring costs!**

**Other information:** Participation in the competition is at each lifter's own risk. The administrative and technical rules of the IWF will be applied.

**Visas:** All participants must check if a visa is required for their entry to Luxemburg. Should visa be required, participants will have to apply for the visa in the Luxemburg Embassy/ Consulate in their home country. If assistance is needed, please contact the Organizers.

**Accommodation:** Please book by contacting Konrad Högg,  
e-mail: [women.weightlifting.grandprix@gmail.com](mailto:women.weightlifting.grandprix@gmail.com)  
not later than 19<sup>th</sup> April 2022 Changes  
can only be made before 24<sup>th</sup> May  
2022.

Signed:

Konrad Högg – Head of the Organizing Committee

Claude Tritz – President of the Club De Klengen Stemmverein Diddeleng

## Information :

1st place – 3<sup>rd</sup> place based on Sinclair points receive prize money

## Provisionary schedule:

**Thursday, June, 30<sup>th</sup>, 2022**

Arrival

7pm: Technical meeting

**Friday, July, 1<sup>st</sup>, 2022**

Competition

**Saturday, July, 2nd, 2022**

Competition

Grand Prix Party

**Sunday, July, 3<sup>rd</sup>, 2022**

Departure



**Restaurant  
amarcord**

Christophe LEQUY [www.amarcord.lu](http://www.amarcord.lu)  
1a, rue du Centenaire  
L- 3475 Dudelange T 26 51 23 18



**RESTAURANT  
Belle-City**



55-57, rue Gaffelt  
L-3480 Dudelange  
**Tel.: 27 51 04 01**  
Fermé le Lundi sauf jour férié

Spécialités japonaises et chinoises, SUSHI Train et Buffet WOK  
Livraison à domicile, Plats à emporter -10%